Find All Our

Exhibit Content Here! What Does McMaster OB/GYN Bring to Research?

An Overview of Our Research on Medical Disorders in Pregnancy and Patient-Centered Care



Obstetrics & Gynecology

# **Our Department**

## Hamilton, Ontario, Canada



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McMaster University is home to the concept of evidence-based medicine, problem-based learning . We are home to a faculty of prolific researchers allowing us to consistently rank among the highest in all national research metrics. McMaster is ranked **#1 in Canada for graduate student research intensity**, **#2 for faculty research intensity** and **#3 in the Medical/doctoral schools Research University of the Year Rankings**.

# Field of Study Include:

- Reproductive Biology
- Reproductive Endocrinology & Infertility
- Maternal Fetal Medicine
- Urogynecology
- Gynecologic Oncology

- Obstetric Medicine
- Education
  - Quality Improvement
- Endometriosis
- Ultrasound
- Diagnostics

"Our mission is excellence in education, research and evidence-based effective care for women\*."

\* We recognize that woman/women is not gender inclusive. We respect & treat all individuals equitably regardless of identity.



**Obstetrics** &

Gynecology

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## Dr. Jon Barrett, Professor and Department Chair



Maternal Fetal Medicine Specialist

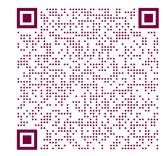


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- Principal Investigator of the TWINS Study
- Currently acts as a mentor for all faculty to ensure research success.
- Building Networks for interprovince collaboration



#### To Read More About Dr. Barrett's Study, Scan Here





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## The Confidence Project – Dr. Barrett & Dr. D'Souza

- Supporting Canadian Health Service Users with Decision-Making on COVID-19 Vaccination During Pregnancy and Lactation
- To develop a national patient-centred infographic on Covid vaccine efficacy and safety for pregnant people
- Informed by healthcare providers and under-represented groups in Canada
- Funded by CIHR and NSERC
- In partnership with Health Nexus for community consultation



What are the barriers and facilitators to Covid vaccine uptake for your pregnant and lactating patients?



## Dr. Rohan D'Souza, Associate Professor



Maternal Fetal Medicine Specialist



#### **Current Research:**

**Principal Investigator** of the CANOSS (Canadian Obstetric Survey System) Study



**Lead Investigator** of the OROS (Outcome Reporting in Obstetric Studies) Project



The O R O S Project Outcome Reporting in Obstetric Studies

## **Clinical and Research Focus:**

Medical Disorders During Pregnancy

Incorporation of Patient Preferences into Obstetric Decision-Making



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### The Canadian Obstetrics Survey System– Dr. Rohan D'Souza

CanOSS is a group of Canadian investigators representing various disciplines caring for pregnant and postpartum individuals working towards the development and establishment of a Canada-wide survey system for pregnancyrelated morbidity.



湯Can**OSS** 

#### https://canoss.ca

CURRENTLY RECRUITING:

Maternity unit leads from all provinces and territories for a feasibility study



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Funded by

## The OROS Project Outcome Reporting in Obstetrics Studies – Dr. Rohan D'Souza

We are a consortium of healthcare professionals, researchers, and patients creating Core Outcome Sets (COS): standardized and validated minimum sets of outcomes to be reported and measured in obstetric studies.

- 1. Systematic Reviews
- 2. Interviews and Focus Groups
- 3. Electronic Delphi Survey
- 4. Consensus Meetings
- 5. Processes for Measuring Outcomes



#### **RECRUITING SURVEY PARTICIPANTS:**

- <u>OPEN NOW</u>! COSCO: Core Outcome
  Set for studies on Critically ill Obstetric patients
- COSSOPP: Core Outcome Set for studies on Obesity in Pregnant Patients
- COSCarP: Core Outcome Set for studies on Cardiac disease in Pregnancy
- COSPVenTE: Core Outcome Set for studies on Perinatal Venous ThromboEmbolism



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## Dr. Alison Holloway, Associate Chair of Research, BSc. PhD.

### Co-Principal Investigator for:

Land-Based Community Monitoring of Selenium in the Canadian Rockies: Stoney Nakoda Women's Health and Well-Being

Assessing the effects of exposure to contaminants originating from existing coal mining activity in Bighorn Country on reproductive health outcomes, and to create a baseline for areas that are being considered for coal mining in the future.







Learn More About Dr. Holloway Here



Reproductive Biology Specialist



## Dr. Deborah Sloboda, Professor



**Fetal Physiology Specialist** 



 Fetal physiologist and expert in the developmental origins of health and disease

- Experimental work focuses on mechanisms governing paternal/maternal-fetal-placental connections and how adversity before and during pregnancy influences offspring health and disease risk
- Community-based research focuses on understanding barriers and enablers to health in pregnant individuals and knowledge translation of the importance of a healthy start to life to the public

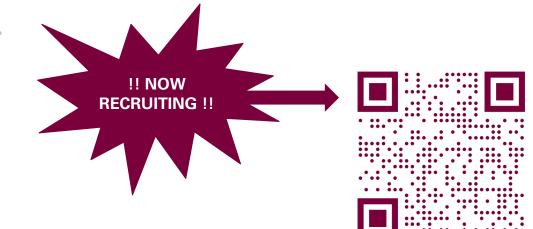
#### Website <u>www.slobodalab.com</u>





## The Art of Creation – Dr. Deborah Slaboda

The Art of Creation An arts-based knowledge translation and intervention study that uses art and cultural institutions to promote and advocate for a healthy start to life







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## Dr. Sarah McDonald, Professor





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- Tier II Canada Research Chair in Maternal and Child Disease Prevention and Intervention, Canadian Institutes of Health Research
- Research focuses on prevention of preterm birth, and its sequelae, and to improve the health of infants, women and families

Visit Dr. McDonalds Website to Learn More!







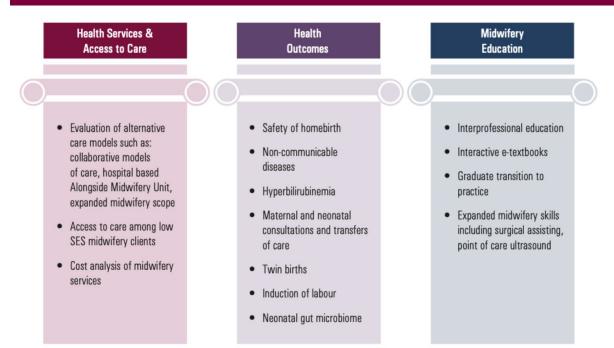
## Single Dose of Antenatal Corticosteroids – Dr. Sarah McDonald

SNACS is a high-quality research study which will address whether one dose of steroids will give similar effects as the standard double doses of steroids for pregnant people at risk of preterm birth with a singleton or with twins between 22 and 34 weeks and 6 days of pregnancy.





## **McMaster Midwifery Research Centre (MMRC)**





Established in 2018, the MMRC is Canada's only midwifery research centre.



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### Dr. Beth Murray-Davis, Associate Professor



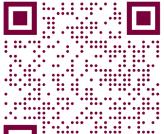
Scientific Director, McMaster **Midwifery Research Centre** 



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Principal Investigator for:

#### **Developing Gender Inclusive** Language for Reproductive Care & Research







**Research Centre** 

Learn More About Dr. Murray-Davis

HERE!



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## **Developing Gender Inclusive Language for Reproductive Care & Research**

## What Are We Doing?

Creating evidence-informed and patient-informed Canadian consensus statement regarding gender-inclusive language in reproductive healthcare, education & research.







## Who Are We Looking For?

- Obstetrical and sexual Health practitioners/policymakers; transgender, gender non-binary (TGNB) advocates, policymakers, & researchers;
- 2. Transgender, non-binary and Two Spirit individuals who have experienced perinatal or sexual health care; transgender and cisgender individuals who have experienced misogyny or gender exclusion in healthcare

Want to get involved? Reach out to obgynres@mcmaster.ca and we will connect you with the team!



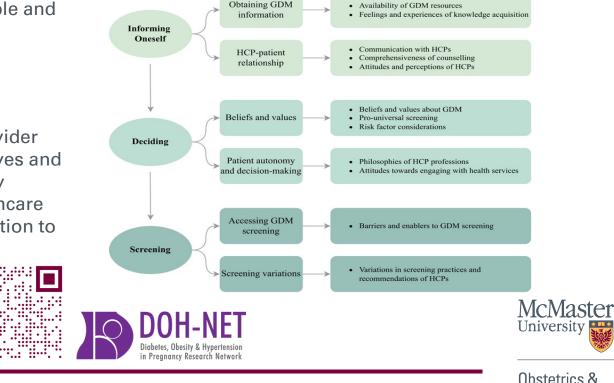
# **Differences in GDM Screening and Counselling by Healthcare Provider**

- Interviews with pregnant people and healthcare provided revealed foundational concepts in GDM screening and counselling
- Differences in approaches to counselling between care provider groups - Obstetricians, Midwives and Family Physicians - affected by communication, level of healthcare autonomy, and patient motivation to engage with health services

**Find All Our** 

**Exhibit Content** 

Here!



Gynecology



## Dr. Liz Darling, Associate Professor



Director/Assistant Dean of the Midwifery Education Program



## **Current Research Projects:**

Expanding midwifery services in Canada: Improving equitable access to sexual and reproductive healthcare through midwifery contributions

How do perceptions of Covid-19 risk influence health decisions in pregnancy? A mixed-methods study





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## **Dr. Eileen Hutton, Professor Emeritus**





- Professor Emeritus, midwife, with Doctorate from University of Toronto in Epidemiology
- Former Director, McMaster Midwifery Education Program, and Founder, McMaster Midwifery Research Centre
- Active in epidemiological and crossdisciplinary projects on origins of disease and health systems research in midwifery



More about Dr. Hutton here!



## Baby & Microbiota of the Intestine Project (Baby & Mi, Baby & Pre-MI)

Early life exposures may impact development of the infant gut, i.e. mode of delivery, place of birth, antibiotics, Caesarean section, breastfeeding, diet, and probiotics



Compares gut microbiota in full term infants in low-risk pregnancies compared with infants exposed to intrapartum antibiotics for GBS prophylaxis Guitor, A.K., Yousuf, E.I., Raphenya, A.R. et al. Capturing the antibiotic resistome of preterm infants reveals new benefits of probiotic supplementation. Microbiome 10, 136 (2022).

Homann CM, Rossel CAJ, Dizzell S, Bervoets L, Simioni J, Li J, Gunn E, Surette MG, de Souza RJ, Mommers M, Hutton EK, Morrison KM, Penders J, van Best N, Stearns JC. Infants' First Solid Foods: Impact on Gut Microbiota Development in Two Intercontinental Cohorts. Nutrients. 2021 Jul 30;13(8):2639.



Compares how premature birth and subsequent exposures, i.e. oral feeding at an immature stage, controlled sterile environments, may change how microorganisms develop soon after their birth compared to full term babies



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## Dr. Giulia Muraca, Assistant Professor



Perinatal Epidemiology Specialist



Specializing in analysis and linkage of population-based data to characterize maternal and perinatal morbidity and mortality

#### **Expertise & Areas of Study**

- Operative delivery (forceps, vacuum, cesarean delivery)
- Obstetric trauma
- Birth (neonatal) trauma
- Vaginal birth after cesarean (VBAC)
- Post-partum hemorrhage
- Intrapartum interventions (e.g., induction, episiotomy)
- Direct and indirect effects of COVID-19 on reproductive, maternal, perinatal well being
- Racial/ethnic disparities in maternal and perinatal morbidity and mortality
- · Perinatal outcomes following bariatric surgery
- Variations in pregnancy outcomes by maternity care provider





# Dr. Giulia Muraca, Assistant Professor

## **SELECT PUBLICATIONS:**

Muraca GM, Joseph KS, Razaz N, Ladfors LV, Lisonkova S, Stephansson O. Crude and adjusted comparisons of cesarean delivery rates using the Robson classification: A population-based cohort study in Canada and Sweden, 2004 to 2016.

**Muraca GM**, Boutin A, Razaz N, Lisonkova S, John S, Ting JY, Scott H, Kramer MS, Joseph KS. Maternal and neonatal trauma following operative vaginal delivery.

Links to Papers Here Tool

Find All Our

Here!

Watch Dr.

Muraca's

presentation

here



#### CURRENTLY FUNDED **PROJECT:**

**Racial/Ethnic Disparities** in Postpartum Hemorrhage in Canada

> **McMaster** University



## Dr. Serena Gundy, Assistant Professor, Obstetric Medicine



General Internal Medicine/ Obstetric Medicine Specialist



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## **Primary Focus:**

The care of medically complex patients who are pregnant or contemplating pregnancy. She participates in the high-risk obstetric clinic seeing pregnant individuals with multi-system illnesses in consort with their high-risk Obstetricians

### **Special Interests:**

- Optimization of Medical Care for women with high risk / pre-existing medical illnesses
- Reduction of complication from pregnancy related health conditions in low recourse areas

#### **CURRENT STUDY:**

Hypertensive Disorders of Pregnancy Counselling Practices of Antenatal and Postpartum Health Care Providers in Ontario: A mixed methods study.



## Dr. Samantha Wilson, Assistant Professor



Computational Biologist / **Medical Genetics Specialist** 



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#### Areas of Research:

- **Bioinformatics**
- **Genomics & Epigenomics** and Machine learning
- **Etiology and Heterogeneity** of Placental Dysfunction
- **Development of Non-**Invasive Methods to Assess **Placental and Pregnancy** Health.



Read Dr. Wilson's Latest Publication!

Dr. Wilson is passionate about open-access science, research reproducibility, and making source code and data publicly available and accessible



## Detangling maternal and placental origins of early and late onset preeclampsia

**Currently In Progress:** 

### Detangling maternal and placental origins of early and late onset preeclampsia

Developing non-invasive tests utilizing biomarkers for earlier detection / predication of early and late onset preeclampsia.



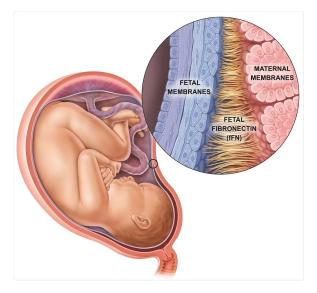
Wilson Pregnancy Lab





BRIGHTER WORLD | mcmaster.ca

## Pre-Term Birth Clinical Pathway Utilizing Fetal Fibronectin – Dr. Ali Marseu



Implementing a clinical pathway for patients presenting with pre-term birth symptoms utilizing the fetal fibronectin (fFN) test to guide admissions, transfers from primary to tertiary centres & antenatal corticosteroid use.







## **Dr. Kristin Horsley – Post-Doctorial Fellow & Lead Investigator**



**Clinical Psychologist** 

The <u>Mental Health After Severe</u> <u>Pregnancy Complications Study</u>

Understanding the mental health impact of severe pregnancy complications, and to provide collaborative mental health care to optimize recovery.







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## A Sample of Our Learners & Their Projects

Dr. Mackenzie Grisdale Predictors of cerclage failure in patients undergoing cervical cerclage Dr. Katrina Hickey Collapsed blastocyst impact on pregnancy rates: a retrospective study

Dr. Sahra Natho Assessment of Adverse Pregnancy and Fertility Outcomes among Canadian Female Physicians



**Dr. Alexandra Davidson** Factors considered in the selection of a residency or fellowship placement in Obstetrics and Gynecology Dr Jayesh Tigdi Beat the clock: Predicting surgical times for excision of endometriosis using preoperative ultrasound

Dr. Azraa Janmohamed Management of Early pregnancy loss at the Early Pregnancy Assessment Unit at St. Joseph's Hospital.

